

POWERBLOCK®

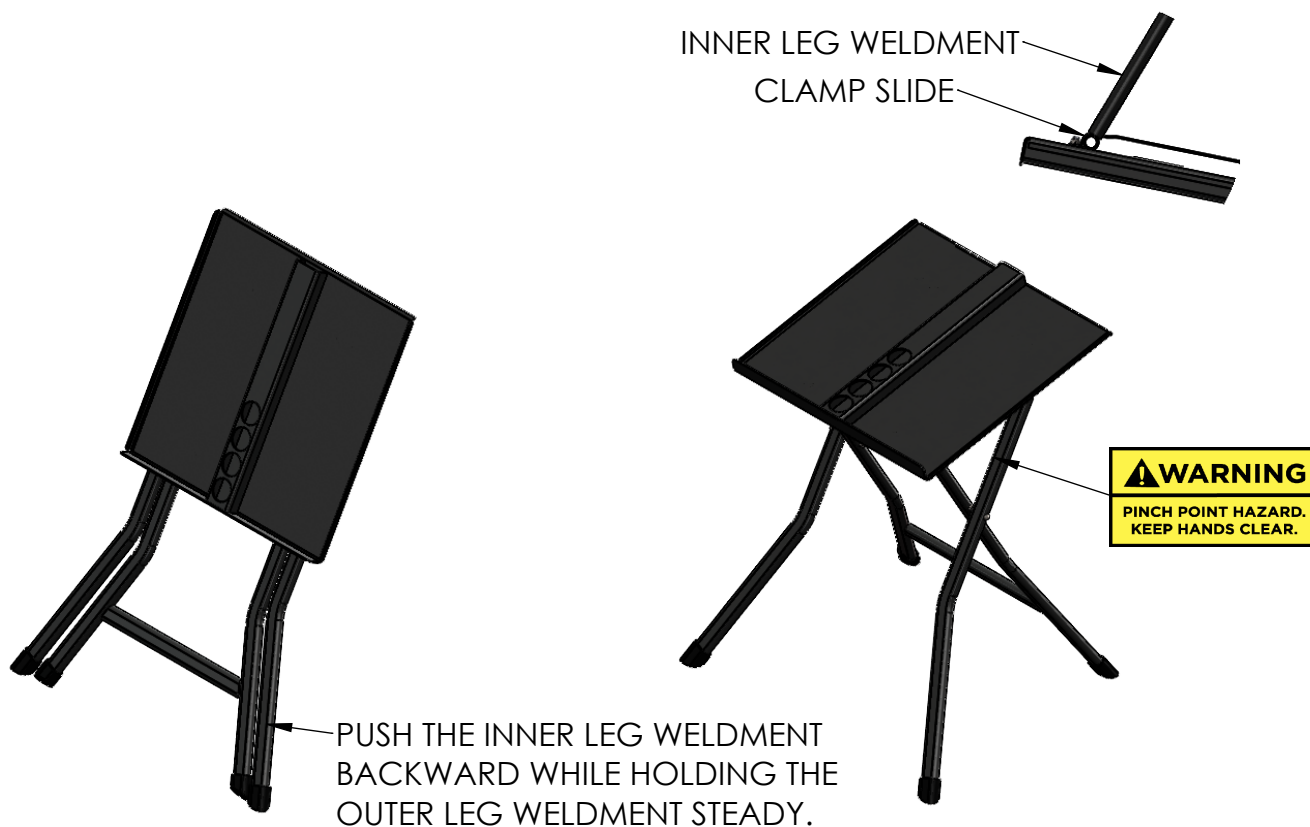
POWERBLOCK COMPACT STAND MANUAL STEP 1

ITEM NO.	DESCRIPTION	QTY.
1	SMALL/LARGE COMPACT STAND	1

NO TOOLS NEEDED

1. UNFOLD THE STAND BY SEPERATING THE LEGS (ITEM 1).

**WARNING: DO NOT PLACE YOUR HANDS BETWEEN THE STAND LEGS AND THE TRAY WHILE FOLDING OR UNFOLDING THE STAND,
ENSURE THE INNER LEG WELDMENT IS FULLY ENGAGED INTO THE END OF THE CLAMP SLIDE.**



**IMPROPER USE OF ANY EXERCISE EQUIPMENT COULD CAUSE SEVERE BODILY INJURY TO
YOU OR OTHERS AROUND EQUIPMENT.**

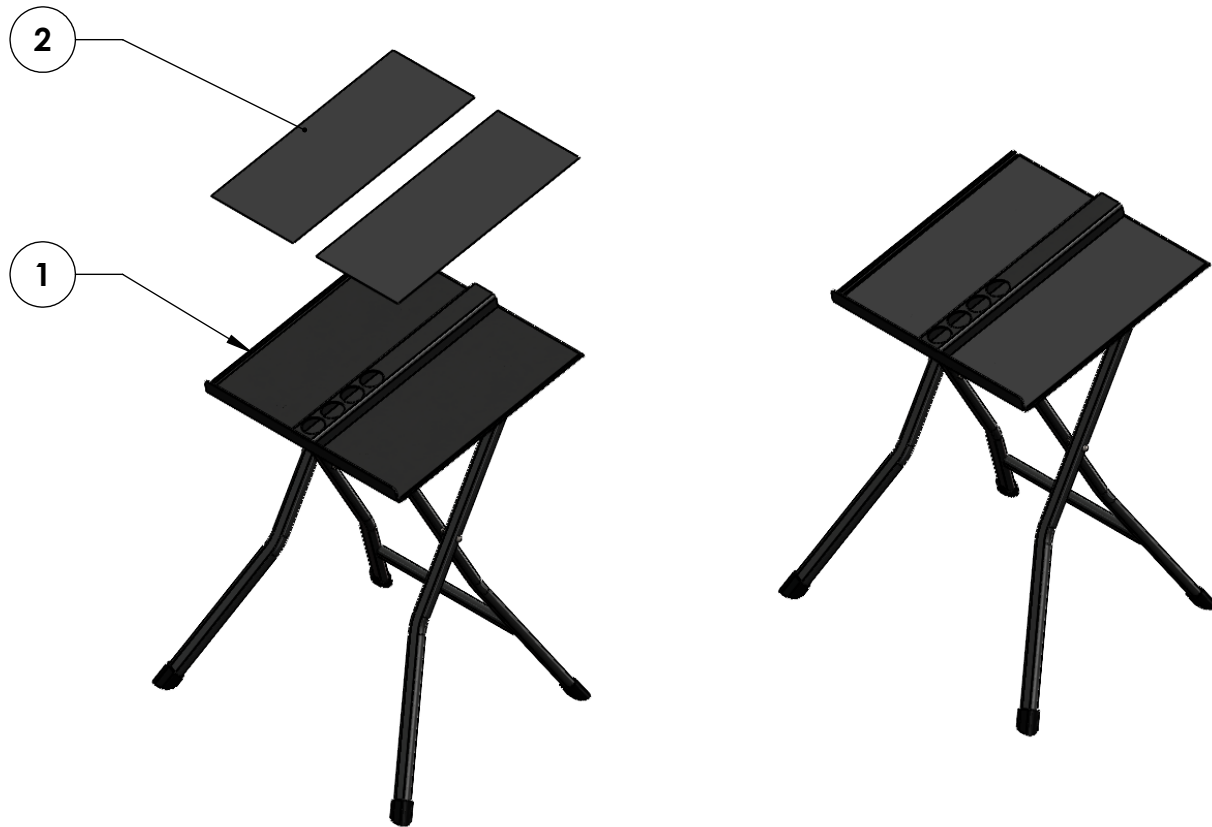
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POWERBLOCK COMPACT STAND MANUAL STEP 2

ITEM NO.	DESCRIPTION	QTY.
1	SMALL/LARGE COMPACT STAND	1
2	TRAY MAT	2

NO TOOLS NEEDED

1. APPLY TRAY MATS (ITEM 2) TO TOPS (ITEM 1).



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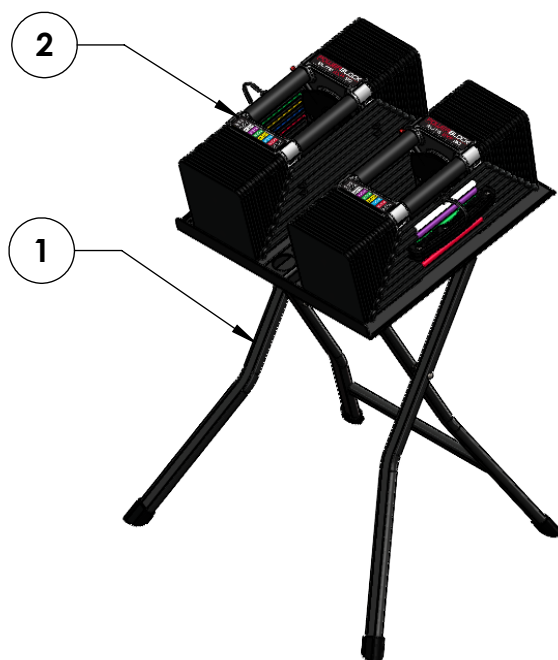
POWERBLOCK COMPACT STAND MANUAL STEP 3

ITEM NO.	DESCRIPTION	QTY.
1	SMALL/LARGE COMPACT STAND	1
2	POWERBLOCK DUMBBELLS	2

NO TOOLS NEEDED

1. PLACE THE DUMBBELLS (ITEM 2) ONTO THE STAND (ITEM 1).

FOR USE ON FIRM AND FLAT SURFACE ONLY.



CENTER HOLES (LARGE COMPACT STAND ONLY) FOR MICRO WEIGHT STORAGE **ONLY**.



TOP VIEW

BOTH PINS SHALL FACE OUTWARD FOR PINNING.

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